

Our team of highly skilled and experienced therapists is dedicated to achieving specific patient goals, optimizing current functional levels and maintaining healthy, fulfilling lifestyles.

LOCATIONS

Jordan Hospital Rehabilitation Center
Cordage Commerce Center
10 Cordage Park Circle, Suite 225
Plymouth, MA 02360
Phone: 508-830-2182
Fax: 508-830-2172

Jordan Rehabilitation Center Plymouth
(Plymouth Fitness)
16 Aldrin Road
Plymouth, MA 02360
Phone: 508-747-6440
Fax: 508-747-7990

Jordan Rehabilitation Center Halifax
430 Plymouth Street (Route 106)
Halifax, MA 02338
Phone: 781-293-8758
Fax: 781-293-4230

Jordan Hospital Rehabilitation Center at The Pinehills
3 Village Green North, Suite 331
Plymouth, MA 02360
Phone: 508-224-2254
Fax: 508-224-4569

JORDAN

H O S P I T A L
REHABILITATION CENTER

**JORDAN
HOSPITAL
REHABILITATION
CENTER**



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All Jordan Hospital Rehabilitation Centers offer physical therapy and sports medicine. Occupational therapy, speech therapy, hand therapy and complementary therapies are available at the Cordage Commerce Center location. Therapies are offered for a variety of medical, surgical, neurological, orthopedic and rheumatoid conditions. Services are also provided for work-related injuries, lymphedema, female urinary incontinence and low vision. There is a state-of-the-art Baltimore Therapeutic Exercise machine that not only allows patients to exercise, but also simulates work or other daily activities.

PHYSICAL THERAPY

Highly skilled and experienced physical therapists are committed to treating and preventing injuries and disabilities. In our beautiful facilities, therapists use a variety of treatment options including therapeutic exercise, manual therapies, aquatic therapy as well as electrical stimulation and ultrasound. Therapists also provide instruction in proper body mechanics and posture. Personalized treatment programs are designed to relieve pain and return patients to prior functional levels if possible.

OCCUPATIONAL THERAPY

Our highly-skilled occupational therapy team is led by a certified hand therapist. When a patient's ability to function independently is challenged by injury or disease, highly-trained therapists develop an individualized program to meet the patient's needs. A program may consist of exercises to improve activities of daily living, splinting, workplace ergonomic assessment, adaptive equipment training, joint preservation programs, pain management techniques and energy conservation techniques. Our certified hand therapist specializes in orthopedic, traumatic and neurological hand injuries.

SPEECH THERAPY

Certified speech and language pathologists provide a wide variety of communication therapy techniques for adults and children, both inpatient and outpatient, to improve speech, swallowing, voice and listening skills. Evaluation, treatment and consultation are offered in the following areas: articulation, aphasia (post-stroke language), motor speech disorders, stuttering, voice, swallowing and pediatric language disorders.

COMPLEMENTARY THERAPIES

A licensed massage therapist provides an extensive offering in a variety of body work applications including: Swedish massage, deep tissue, reflexology, sports massage, and myofascial release.

Certified therapeutic yoga instructors focus on gentle stretching and relaxation that have an inherent ability to create health and wellness.

Certified Reiki practitioners use a non-invasive hands-on approach to promote wellness in the mind, body and spirit.

A certified Pilates instructor offers the reformer or mat programs in an individual or group setting to improve core strength.

SPORTS MEDICINE

Specially trained sports medicine therapists provide treatment for athletic injuries to bones, muscles, ligaments and tendons. Care is provided for sports-related injuries to allow patients to maximize health, quality of life and level of sports participation. Athletic trainers are also actively involved in some area schools for injury prevention, treatment and exercise instruction.

APPOINTMENTS & PAYMENTS

Appointments can be scheduled Monday through Thursday, 7:00 a.m. – 7:00 p.m.; Friday 7:00 a.m. – 5:30 p.m. (Hours may vary slightly at Halifax, Plymouth Fitness and The Pinehills locations.) Most types of health insurance are accepted. Check with your insurance representative to determine your exact coverage.

